


Sandwell Aquatics

Powered by **KoreSandwell**

Swimming Timetable

Please note that swimming times may change. For the latest information, view the accessible timetable on our website, or contact the centre.

 0300 012 0121

 korewellness.co.uk/timetables/

Times are subject to change. Please view events timetable or accessible version.



[View Events Timetable](#)

Monday

06:30-08:30 - 50M Lane Swim - Main Pool

06:30-08:30 - Adults Only Swim - Studio Pool

09:00-10:00 - Adult Ladies Only Swim - Studio Pool

09:30-17:00 - 25M Lane Swim - Main Pool

11:00-11:45 - Adult Ladies Only Swim - Studio Pool

12:10-13:10 - Adults Only Swim

13:00-14:00 - Splash time (Under 5 years) - Studio Pool

14:00-15:00 - Public Swim - Studio Pool

16:00-17:00 - Public/Lane Swim - Main Pool

17:00-18:00 - Public/Lane Swim - Main Pool

18:00-19:00 - Public/Lane Swim - Main Pool

19:00-20:00 - Public/Lane Swim - Main Pool

20:00-21:00 - Lane Swim - Main Pool (Variable 2)

Tuesday

06:30-17:00 - 25M Lane Swim - Main Pool

06:30-09:30 - Public Swim - Studio Pool

09:30-10:30 - Adults Ladies Only Swim - Studio Pool

11:30-13:15 - SEND Session - Studio Pool

12:10-13:10 - Adults Only Swim

13:30-14:30 - Splash time (Under 5 years) - Studio Pool

14:30-15:30 - Public Swim - Studio Pool

16:00-17:00 - Public/Lane Swim - Main Pool

17:00-18:00 - Public/lane Swim - Main Pool

18:00-19:00 - Public/Lane Swim - Main Pool

19:00-20:00 - Public/Lane Swim - Main Pool

Wednesday

06:30-09:00 - Lane Swim - Dive Pool Only

06:30-08:30 - Public Swim - Studio Pool

08:30-09:30 - Adult Ladies Only - Studio Pool

09:00-17:00 - 25M Lane Swim - Main Pool

12:10-13:10 - Adults Only Swim - Main Pool

13:00-14:00 - Public Swim - Studio Pool

16:00-17:00 - Public/Lane Swim - Main Pool

17:00-18:00 - Public/Lane Swim - Main Pool

18:00-19:00 - Public/Lane Swim - Main Pool

19:00-20:00 - Public/Lane Swim - Main Pool

20:00-21:00 - Lane Swim - Main Pool (Variable 2)

Thursday

06:30-17:00 - 25M Lane Swim - Main Pool

06:30-09:30 - Public Swim - Studio Pool

12:00-13:15 - Disability Swim - Studio Pool

12:10-13:10 - Adults Only Swim - Main Pool

14:45-15:30 - Public Swim - Studio Pool

16:00-17:00 - Public/Lane Swim - Main Pool

17:00-18:00 - Public/Lane Swim - Main Pool

18:00-19:00 - Public/Lane Swim - Main Pool

19:00-20:00 - Public/Lane Swim - Main Pool

20:00-21:00 - Lane Swim - Main Pool (Variable 2)

Friday

06:30-17:00 - 25M Lane Swim - Main Pool

06:30-08:30 - Public Swim - Studio Pool

08:30-09:30 - Ladies Only - Studio Pool

10:45-11:45 - Splashtime (Under 5 years) - Studio Pool

12:10-13:10 - Adults Only Swim - Main Pool

13:00-14:00 - Adult Relax - Studio Pool

16:00-17:00 - Public/Lane Swim - Main Pool

17:00-18:00 - Public/Lane Swim - Main Pool

18:00-19:00 - Public/Lane Swim - Main Pool

19:00-20:00 - Public/Lane swim - Main Pool

Saturday

7.00-8.45 - 50M Lane Swim - Main Pool

09.30-10.30 - Family Swim - Main Pool

09.30-10.30 - Public Swim - Main Pool

10.00-15.30 - 25M Lane Swim - Main Pool

10.30-11.30 - Family Swim - Main Pool

10.30-11.30 - Public Swim - Main Pool

11.30-12.30 - Fun Session - Main Pool

11.30-12.30 - Family Swim - Main Pool

12.30-13.30 - Family Swim - Main Pool

12.30-13.30 - Public Swim - Main Pool

13.30-14.30 - Family Swim - Main Pool

13.30-14.30 - Public Swim - Main Pool

14.30-15.30 - Public Swim - Main Pool

Sunday

08.00-09.00 - 25M Lane Swim - Main Pool

09.00-10.00 - Public Swim - Main Pool

09.00-10.00 - Public/ Lane Swim - Main Pool

10.00-11.00 - Family Swim - Main Pool

10.00-11.00 - Public/Lane Swim - Main Pool

12.00-16.00 - 50M Lane Swim - Main Pool

13.15-14.15 - Public Swim - Studio Pool

14.15-15.15 - Family Swim - Studio Pool